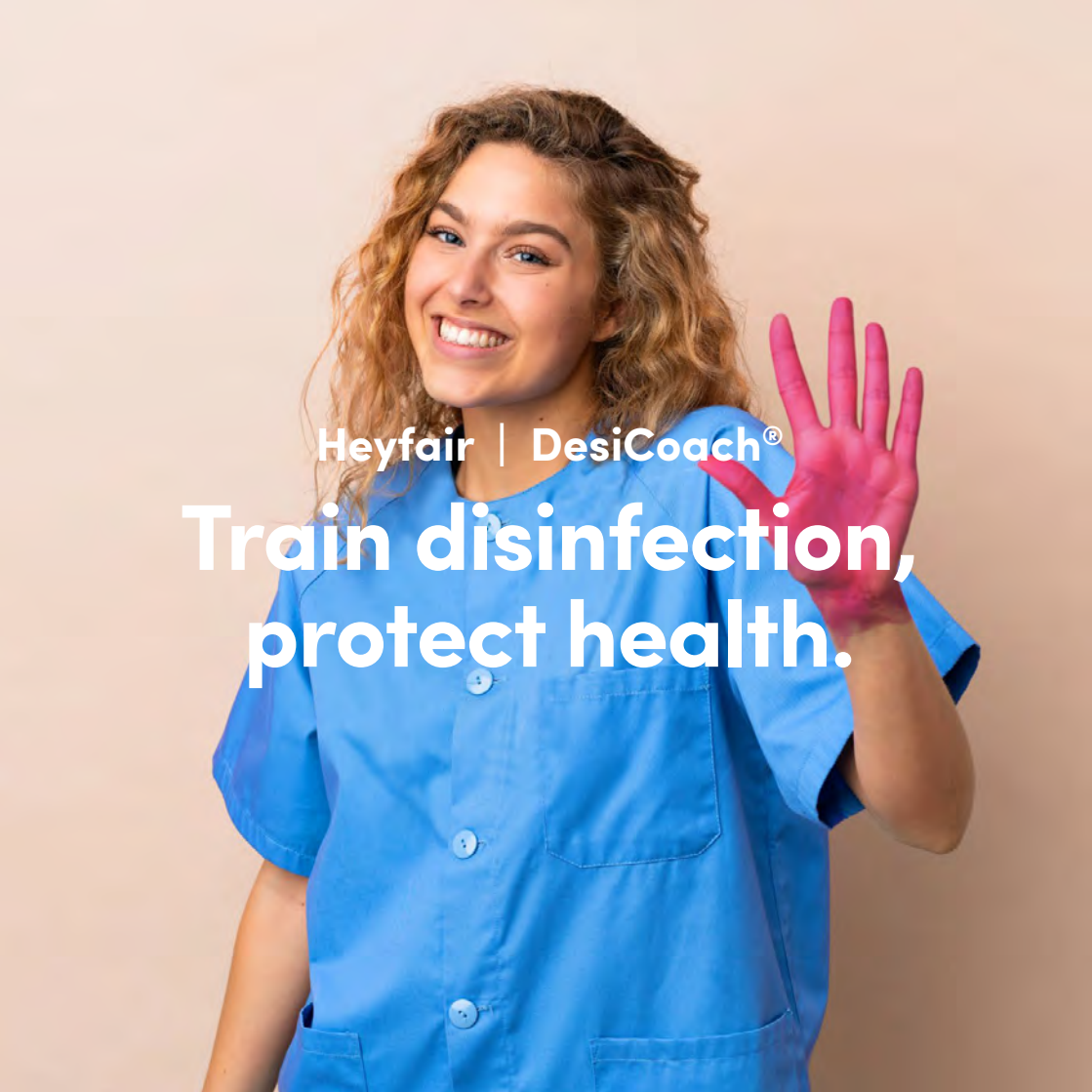

Heyfair | DesiCoach®
Train disinfection, protect health.

Hey!

Thank you for your interest in hand hygiene and protecting your fellow human beings.

In this brochure you will find out the following →

How does DesiCoach® work?

Why should I train how to disinfect my hands?

How do I train efficiently?

How does DesiCoach® work?

Content

→ What problem does DesiCoach® solve?

→ How does DesiCoach® work?

→ What is DesiCoach® made of?

The problem

Even experienced professionals make unnoticedly mistakes when disinfecting their hands.

Thus, pathogens remain on the hands, are transmitted, and people can become ill.

The solution

DesiCoach® makes every mistake visible during training so that they can be avoided in everyday life.

With an **individually trained disinfection technique**, you can protect yourself and the people around you – at work and at home.

How it works - The Training

Step 1

Check your Status Quo

Colouriser - colours the hands <u>after</u> the alcohol has evaporated.

1 minute

100% natural dye

certified as cosmetic product

ORIGINAL 07 EXCELLENT 2021 dermatest dermatest-guarantee.com

Step 2

Optimise your Technique

Decolouriser - instant decolouration directly when applied to the hands. Double training effect!

DesiCoach® 2Go

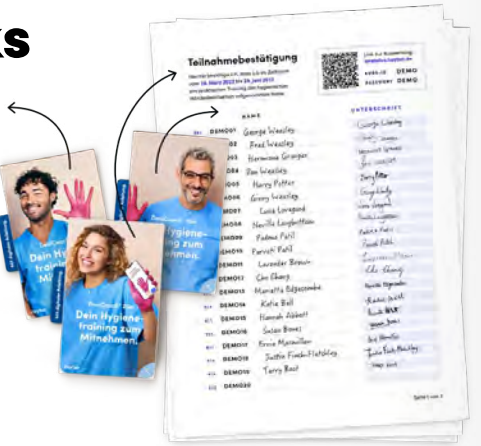
This is how it works

Step 1

Order trainings

First you order one training for each member of your team.

One training contains DesiCoach® 2Go (2 × 4ml) as well as the individual access code to the digital manual.



Step 2

Distribute

Now simply distribute the trainings to your team.

If you want to check who has completed the training, you can assign the access codes to the individual team members in the attached form. On the evaluation page you will then see which trainings have been used.

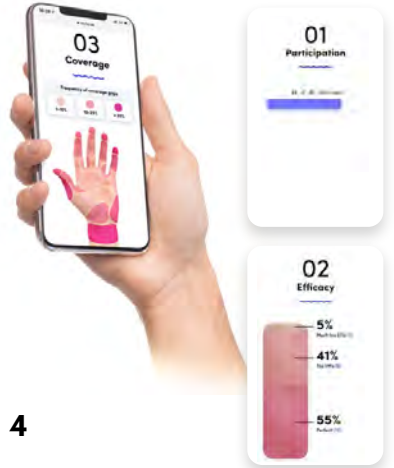
Step 3

Train

Your team now trains hygienic hand disinfection independently on a smartphone or computer. They are supported by the digital manual.

To increase motivation, you can recommend that your team arrange to train together.

The results of the training can be released voluntarily and 100% anonymously for evaluation. Participation, on the other hand, is always recorded.



Step 4

Evaluate

You can automatically evaluate your trainings via a password-protected website.

On the evaluation page you can see how many trainings have been done so far and what results have been achieved.

You can download, save and print the training results. This way you can fulfill your documentation obligations without any hassle.

Ingredients

Naturally natural.
100% natural dyes.

Out of conviction, we do not use artificial colorants. That is why the colorant in DesiCoach® is based on 100% plant extracts. The naturally obtained dye is found in **blackberries**, **raspberries** and **cherries**, for example. There are no intolerances to this natural substance.

In order to achieve comparable properties to your preferred disinfectant DesiCoach® is based on similar ingredients:
Alcohol, water and re-greasing agents.

Obviously, the safe usability and skin compatibility of DesiCoach® has been tested and confirmed by several independent institutes.

- natural dyes
- free from allergens
- dermatologically confirmed

natural dye

ORIGINAL 11 EXCELLENT 2019 dermatest®

Content

→ What are common mistakes?

→ Does the training affect compliance?

→ Is the training mandatory?

Hand disinfection: status quo

Currently, most hand disinfections have flaws.

Studies show that even when test candidates put a lot of effort into disinfecting oneself and rub for more than 30s, more than every second disinfection has flaws – if no training has been done beforehand.

Moreover, in the daily life, too little disinfectant is usually used: on average, only 1.7ml instead of the recommended 3ml.

Systematic training creates awareness of the problem and brings about changes in behaviour that positively influence not only the quality but also the regularity (compliance) of hand disinfection.

Hygiene training & compliance

Regular training increases compliance.

Observational studies have shown that the relative frequency of hand disinfection increases significantly after training.

All in all, the training increases the motivation for regular disinfection tremendously.

Simple psychological effects are presumed behind this:

01 The training brings hand hygiene more into focus of our perception. As a result, we remember necessary hand disinfections more easily.

02 The training emphasizes very concisely the enormous importance of hand hygiene for infection protection. The implicit message:

„**In my establishment hand hygiene is extremely important!**“

Recommendation

Annual hygiene training in the healthcare sector.

Since the positive effects of hygiene training are scientifically well proven, the Robert Koch-Institute recommends that the entire staff receive practical training in the correct performance of hand disinfection at least once a year.

HOW AM I SUPPOSED TO MANAGE THIS EVERY YEAR?

(WE'LL HELP YOU)

Content

→ How does training work in groups?

→ What is training 2Go?

→ How can digital applications help with training?

Train efficiently

Training in groups

Because DesiCoach® works completely without technical accessories, it opens new and time-saving possibilities for hygiene training.

Here's how it works:

At the end of your annual hygiene training, you divide your audience into groups of 3–5 people. These ones carry out the training under your guidance – all at the same time.

You can calmly and comprehensively explain what really matters in hand disinfection while it is directly put into practice.

Afterwards, everyone is invited to compare their results and to work out an optimal disinfection technique together.

The group training thus allows you to train an entire course with numerous people in just a few minutes, which can easily take several hours with other training methods.

- Time and cost saving
- Fun during training
- Learning success

DesiCoach® 2Go

Our recommendation for large groups and individual trainings

Train efficiently

Training to take away with DesiCoach® 2Go

As much wonderful group training is, it also has two significant drawbacks:

01 It is not always possible to gather many people in one room.

02 Find appointment, prepare, document: Organizing the training is time-consuming.

We solve both of these problems with DesiCoach® 2Go: With hygiene training to take away, we now have the possibility of individual training instead of the usual group training.

The practical 2Go packs are accompanied by a free online application that helps with instruction and evaluation. This way you can train and optimize your hand disinfection anytime and anywhere.

- Time and cost saving
- Fun during training
- Learning success

Gefördert durch:

Bundesministerium
für Wirtschaft
und Energie

aufgrund eines Beschlusses
des Deutschen Bundestages

eXIST
Existenzgründungen
aus der Wissenschaft

EUROPÄISCHE UNION
Europäischer Sozialfonds

ESF
EUROPA FÜR THÜRINGEN
EUROPÄISCHER SOZIALFONDS

Zusammen.
Zukunft.
Gestalten.

Deutschland
Land der Ideen
Ausgezeichneter Ort 2018

KULTUR- UND
KREATIVPILOTEN
DEUTSCHLAND

eit Health

TRISTEL AU

Unit 44,
328 Reserve Road
CHELTENHAM,
VIC, 3192
1300 680 898

TRISTEL NZ

23 Birch Avenue,
Judea
TAURANGA, BAY
OF PLENTY, 3110
+64 (0) 7 577 1560

www.tristel.com